

NOVEMBER EVENTS

- High School Musical
- Parent-Teacher Conferences
- SEW Scholarship Music Show
- *see calendar, page 11 for details*

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The WARREN PRIDE is a monthly publication of the Southeast Warren Community School District. Activities listed are subject to change and may also be accessed via the online calendar at: www.se-warren.k12.ia.us

To receive or be removed from newsletter delivery (if not Boxholder), contact:
LuAnn Ohnemus
641-466-3510
luann.ohnemus@se-warren.k12.ia.us

Southeast Warren Comm. School
16331 Tyler St.
Liberty Center, IA 50145

Energy Audits/Energy Savings

Energy audits were conducted at Liberty Center and Milo on October 9 and at Lacona on September 10. Written reports are expected in a few weeks.

These reports will include recommendations for improving energy efficiency by better management procedures and installing more energy efficient lighting and equipment. Also included will be the cost of making those improvements and how long it will take to pay back those costs through energy savings. We will then decide which of those improvements to make and develop a plan for completing them.

Some examples of the improvements that could be made include the following: fluorescent lamps and ballast replacements, lighting controls, exit sign replacement, pipe insulation, new heating and cooling equipment, water heater blankets, insulation, doors, and low-flow shower heads and toilets.

Our electric providers, Alliant Energy and MidAmerican Energy, offer monetary incentives to help offset the costs of these improvements. Support is also available through the Iowa Energy Bank, a division of the Iowa Department of Natural Resources. The Iowa Energy Bank, an energy management program using energy cost savings to repay financing for energy management improvements, serves public and non-profit facilities. Since the program's inception in 1989, the Iowa Energy Bank has facilitated more than \$130 million in energy improvements using private funds in combination with minimal state and federal support.

The Iowa Energy Bank provides facilities with comprehensive and reliable information to make wise energy management decisions. The Iowa Energy Bank helps manage the energy efficiency improvements and financing process every step of the way. Experts will customize solutions that meet the specific needs of our District, with the assurance of high technical quality and the potential for attractive cost savings. Financing is provided through area lending institutions that create budget-neutral, affordable financial packages.

Mission Statement Revised

At the September School Board meeting, a revised District mission statement was approved. This was accomplished through the District's Children First Forum, who discussed the mission statement issue and recommended the revision to the Board. The new mission statement is as follows:

The Southeast Warren Community School District, in partnership with parents and the community, will provide quality education and promote character development that will enable our students to become responsible and productive citizens of a global society.

FFA

The Southeast Warren FFA recently participated in two Soils Contests this past week. In the sub-district contest held in Leon they won 1st place team, 2nd place team and 5th place in the team event. The first place team consisted of Heidi Dittmer, Chase Reynolds, Jose Escobedo, and Ricardo Villanueva Jr. The second place team consisted of Danny Eichhorn, Joe Ripperger, Jake DeLay, and Caitlin Ellingson. The fifth place team consisted of Ali Brummer, Dillion Montoya, John Stanger, and Andrew Kibbe. At Leon the first place overall individual was Heidi Dittmer and the second place individual was Joe Ripperger.

The FFA also participated in the district soils contest in Knoxville and finished second out of 29 teams. The team consisted of Heidi Dittmer, Joe Ripperger, Danny Eichhorn, and Caitlin Ellingson. Heidi Dittmer placed as the 7th overall individual and Danny Eichhorn placed as the 10th overall individual.

The team advanced to the State Soils Competition in Ames, IA on October 13th.

Special thanks to DA-SHEL-Livestock for their help in digging the practice soil pits.

Scott Dirckx, FFA Advisor

Angel Tree

The Angel Tree project, sponsored by ECP, is totally anonymous, and is available to anyone who needs help through the holidays. Please feel free to call the high school or DeAnna Stewart (515) 979-3996 with questions or send the information shown to the school in a sealed envelope marked for ECP.

ECP is a volunteer/community service program for high school students. Donations/contributions to help fund these events can be made to SEW High School.



Ricardo Villanueva, Ali Brummer, and Caitlin Ellingson at Soils Contest

SCHOLARSHIP RECIPIENTS

Those 2007 graduates who received scholarships from the Southeast Warren Scholarship Foundation this past May need to call Edith Heemstra after enrollment for second semester or term is completed.

Please let her know that you are enrolled for second semester, what college you are attending, and make sure she has your address and other pertinent information. Checks will be sent in December or early January. Edith's number is 641-534-4866.

ANGEL TREE

All identities are kept confidential

Name/Age: _____

Needs/Wants: _____

Size(s): _____ Color(s): _____

Phone: _____

JR-SR HIGH SCHOOL

Terry Gladfelter, Principal

I recently heard a comment made that “you can’t fight against those that buy ink by the barrel.” And as of late I am beginning to wonder if that is true. I think Southeast Warren has better name recognition than most politicians when it comes to our recent publicity. We live in a day when the negative seems to be what consumes us and for that very reason I do not watch much of the news. My job needs to be one of optimism and positives as I work with young people. That also needs to be the commitment of the educational community to our students. I laughed recently when I heard the statement “that person is not happy if they are not complaining about something.” What an interesting oxymoron!

Last year I made reference to an article in the Des Moines Register (a positive article!) at our faculty meeting. The article was about Larry Brown the coach of the Detroit Piston and the 2004 Olympic Team. He is considered to be one of the finest coaches in the world of basket-

ball. The article spoke of his positive coaching. Back when he was a college coach some college students were doing a thesis, came to his practices and recorded his positive and negative comments. He had a ratio of 4 to 5 positive comments for every negative comment he made at practice which he said he found surprising. He wanted his players to be the best and though he criticized it was done in a constructive way. That ratio of positive to negative comments is what I find important.

This summer while at the School Administrators of Iowa conference I had the information from the Des Moines Register article further reinforced. I attended a session that spoke about positive and negative relationships and what keeps organizations successful. The research says that for a team or business group to be successful there needs to be a ratio of 3 positive comments for every negative comment. In a marriage relationship that ratio increases to 5 positive comments for every negative comment and in working

with students the number further increases to 8 or 9 positives for every negative. (I wish the newspapers understood that concept!)

We as an educational community need to focus on the good things that are happening in our schools, address concerns in a positive and constructive manner, and be our own best publicity when the negative wants to surface. So I end this article with two positives that I recently shared with my staff. One of our graduates from 2004 is a student at Central College and had an article published in their literary magazine. It is a very select and high honor for that article to be published. The parents and student attributed part of that success to the teachers and education they received while at SEW. Another graduate of 2006 is a Biomedical major at UNI. The student sent an e-mail thanking the school for the great teachers and educational foundation they had received while at SEW. The student also mentioned that what they had learned wasn’t truly appreciated until they started college.

Thank you to the students, teachers, staff, and community!

Top Four Things You Should Know About School Finance in Iowa

1. The total amount of money a district has to spend is primarily driven by the number of children a district has. We cannot just raise as much (or as little) as we want locally.
2. The tax rate of a district is largely driven by the state budget formula and only a small portion is impacted by the school board.
3. Certain funds have to be spent on certain things. This explains why a district might have funds to pave a parking lot, even though they don’t have money to hire more staff or to pay higher salaries.
4. Most of our expenses are staff; nearly 80 percent of our general operating budget is made up of staff salaries and benefits.

Vocal Notes

The Music room is a very busy place this time of year!

First of all, we are busy preparing for the upcoming musical "Into the Woods." This production includes a cast of 48 students and 10 support persons. The story line revolves around the characters of Grimm's Fairy Tales involved in a plot which is a reflection of life in our times. Performances will be Friday and Saturday, Nov. 2 & Nov. 3 @ 7:00 and Sunday, Nov. 4 @ 2:00 p.m. Saturday night will feature a "Basket Auction" with proceeds going towards our upcoming New York trip.

During Spring break, 2008, 55 students and chaperones will go to New York City. We will be touring all the sights of NYC, performing at

Ground Zero, and St. Peter's Cathedral, attending a workshop on with the cast of "Wicked" and touring Broadway theaters. We will attend a Broadway show, tour Sony Wonderworks, tour NBC Studios and the Metropolitan Museum of Arts. We really appreciate the support that we have received in the sale of our shirts, and want the community to know we will be very active with fundraising in the next few months. We are fortunate to have a community willing to do whatever it takes to educate our young people. Thanks from all of us.

We look forward to seeing all of you at the musical. We know you will enjoy the show, and appreciate the chance to share our "blossoming" talents with you.

Lynnea Young

PARENT-TEACHER CONFERENCES

NOV. 6 & 8

Remember to call and make your appointment to visit with your child's teachers at the
Jr-Sr High School.
641-466-3331

Band Notes

The Jr. High band, High School band and flag team marched a very successful half-time show at the October 5th football game. Thank you for all the positive feedback. The students appreciate your support. Now it is time to put away the marching music and get ready for the upcoming basketball pep band season as well as the Christmas Concert. Can you believe December is only a month and a half away?

Willis VanderLinden
Band Director

SOUTHEAST WARREN ATHLETIC BOOSTER MEMBERSHIP DRIVE

Your donation will be put towards upcoming projects such as: New sound systems for the high school gym and ballfields, and football field concession stand/restroom expansion. Sponsors will be listed on the fall and winter sports programs.

White Club - \$15.00
Warhawk Club - \$50.00
Green Club - \$25.00
Soar High Club - \$100.00-up

**PLEASE SUPPORT
WARHAWK ATHLETICS**

Mail your check to Deanna Williams
16200 185th Ave., Milo, 50166
Payable to SEW Athletic Boosters.
Please list sponsor name(s)

Lacona Library News

Book Discussion: October 15, 6:30. Book: The Lone Ranger and Tonto Fistfight in Heaven by Sherman Alexie.

Board Meeting: Oct. 22, 6:00, followed by Friends of The Library at 7:00. Public welcome to these open meetings; call if you'd like to be on the agenda.

Story Time: Nov. 3, 10-11 a.m. Story readers, crafts and treats. All children are welcome.

Stop in and see our new Genealogy Section. This is a great asset to your Library!

INTERMEDIATE SCHOOL

Cindy Butler, Principal

Red Ribbon Week

At the intermediate building we celebrated a drug free lifestyle during Red Ribbon Week from October 22-26. On Monday, students were given a red ribbon to wear to remind them to "Be Drug Free". Tuesday, Wednesday, and Thursday were "Make an Educated Choice," "Don't let drugs get you into a hairy situation," and "Wear Red Day" respectively. Each day provided a unique opportunity to discuss the serious issue of healthy lifestyles in a fun, educational manner.

Iowa Tests of Basic Skills

Iowa Tests of Basic Skills (ITBS) are usually administered in Novem-

ber. This year we decided to wait until January to take the tests. Waiting may give us better information to make district wide instructional or curricular changes. Parent reports should still be available by parent-teacher conferences in February. The results of the ITBS are always reported to the State Department of Education.

Measures of Academic Progress (MAP)

All students in the intermediate completed MAP testing. Teachers are reviewing scores and using them to decide on a class goal. Students are also setting individual goals. Your child's scores will be available at parent-teacher conferences.

Book Fair

Partners in Education will sponsor a Scholastic Book Fair during conference week, November 5-8. We plan to have the book fair open during conference times so you can purchase books for Christmas gift giving.

Parent-Teacher Conferences

Parent-Teacher Conferences will be held on the evenings of November 6th and 8th. Report cards for students in the intermediate were sent home on October 24th. After reviewing your child's report card, note questions you may have for the teacher. If you write down your questions now, you will be able to refer to them during your conference with your child's teacher. I will be available both evenings, so please stop in and introduce yourself.



Ashton Tarwater & Cameron Minton

5th Grade Explorers

What are explorers? Why do people explore? These are questions the fifth graders at Southeast Warren are learning to answer. These students began their study of explorers with a field trip to Melcher-Dallas.

Their task was to draw a map of the Melcher-Dallas square labeling all of the businesses. After returning to school students were instructed to write directions for someone based on their map. Some students struggled to complete their maps. Other had trouble writing directions.

All the students learned first hand what it is like to be an explorer and why some people explore.

PRIMARY SCHOOL

Charlotte Weaklend, Principal

On September 11th, the third graders traveled to the Iowa State University McNay Research Farm near Derby, Iowa. There they learned about good nutrition and the connection between Iowa's farms and the American family dinner table. This special field trip was provided through the support of several county-based extension services, Farm Bureau organizations, Cattle-men's Associations, as well as area schools' FFA chapters. What a great opportunity for our youngsters!

On the Thursday of Fire Prevention Week – October 8th through the 12th, the Primary students were once again treated to a close up look at our local fire equipment and learned about the work of a fireman or woman, when the Milo Fire Department sent representatives Tom Bales, Eldon Emmick, Sheila Coffman, Joel Mosher, and Doug Hembry to share their expertise with the youngsters.

Officer Shelley from the Iowa Highway Patrol visited with the students on Monday, October 22nd to kick off our annual Red Ribbon Week. His message was one of living a healthy lifestyle, free from alcohol and drugs.

We were fortunate to host a special Ronald McDonald assembly on the October 23rd, as he got the students up and moving, sharing a message of good health habits and encouraging teamwork and citizenship. A big thank you to our neighboring McDonald's restaurants for picking up the tab for both this assembly and one at the Intermediate Center on the same day.

Qualifying second and third graders enjoyed their first Accelerated Reader party of the year on October 22nd. Thanks to organizer Tammy Hall, the teacher AR committee, and our Partners in Education volunteers for making this PIE-financed event so memorable for the

students. In order to qualify for this and the three upcoming quarterly parties throughout the school year, the second and third graders must read a certain number of books, each leveled to the individual student's abilities, and then take a short comprehension quiz over each book on the computer.

Much valuable information was learned by the entire district staff on October 24th at the anti-bullying inservice. As we review our school policies regarding bullying behavior and talk with the students about their role in reporting incidents, a more concerted effort will be made by staff members in all three buildings to stop those negative behaviors when they first begin.

We are looking forward to the first parent-teacher conferences of the school year on November 6th and November 8th and to the upcoming Small Town Country Christmas on December 1st when the Primary Center will again be open, offering a Scholastic Book Fair and our annual Partners in Education Cookie Walk, among other attractions. See next month's article for more detailed listings.

ACCELERATED READERS

Second and third graders are off to a fantastic start reading Accelerated Reading books!! Each student who made their first goal of READY or INDEPENDENT READER has their picture displayed in the hall. There are LOTS of pictures already, and they make our hallway look very special! The nonfiction books are especially popular this time of the year. Miss Schultz, our librarian, has done an excellent job of supplying our school library with a collection of nonfiction books which are being "gobbled up" by the students, along with the fiction stories. The Milo Library also supplies our classroom with AR books each month, and we appreciate their helpfulness in bringing good AR books for our students to read!!

The following students have made the next goal of RISING READER and have read 20 points worth of books. CONGRATULATIONS to all who have made their first goal and are working on becoming RISING and then SUPER READERS! WE ARE PROUD OF YOU!!

The Second and Third Grade Teachers

RISING READERS

Jordan Ball
Brandon Dittmer
Kindra Dittmer
Elise Emmick
Wyatt Shannon
Grant Minton
John Tarwater
Dalton Thompson

25 POINT CLUB

Elise Emmick
Wyatt Shannon

Southeast Warren Community School District
Regular Board Meeting
September 10, 2007

The Southeast Warren Board of Education met in regular session September 10, 2007, in the ICN room of the Junior/Senior High School building. Board President Ron Miller called the meeting to order at 5:30 p.m. The following board members were present: Larrie Williams, Jennifer Mihalovich, Paul Mead and John Burrell. Superintendent Dr. Harold Hulleman, Secondary Principal Terry Gladfelter, Intermediate Principal Cindy Butler, Primary Principal Charlotte Weaklend, Transportation Director Joel Mosher, and Board Secretary Julie Wilson were also in attendance, along with members from the community.

AGENDA: Motion by Jennifer Mihalovich, seconded by Larrie Williams to approve the agenda. Ayes: 5.

REPORTS:

Transportation report submitted by Joel Mosher:
 We had 8 extra bus trips for the month of August. The month was spent doing general repairs and making changes to routes as needed. I also drove some of the routes to check turn arounds and for route hazards. I had some time in placing the parking stops on the new black top on the north side of the building. I also assisted in moving the bleachers to the football field.

Primary Principal's report submitted by Charlotte Weaklend:

Both of our 4-year-old preschool classes are currently full with twenty students registered for the morning classes and nineteen students registered for the afternoon classes. If everyone registered is still attending on the K-12 count day, we will have a total of thirty-six students to claim for funding in the 08-09 school year – ten more than was reported for this year's funding through the grant. Our 3-year-old class is also full with nineteen students currently registered. Mrs. DeJooe and Mrs. Young had completed nearly one-third of their home visits as of the writing of this report (September 3rd). They and I will be attending a QPPS (Iowa Quality Preschool Program Standards) training on Friday, September 7th, prior to the beginning of the preschool year, to learn more about how we will implement those standards – a requirement of the grant. Final transportation arrangements are being made on a one-by-one basis by Joel, based on input from the parents.

We have established an extra milk fund at the Primary building, using private donations from district patrons for students whose parents cannot afford the afternoon snack milk price of \$22.50 per semester per child. Preference will

be given to students whose family income makes them eligible for free or reduced priced lunches. (The cost of extra milk is not covered under that program.) So far, the need exceeds the availability, and we will be using a lottery system to determine which of the interested students are recipients. A big thank you to Pastor Jodi Rushing for spearheading the effort and to Patty Harrington for much of the follow up. What a great idea!

Thank you to the Partners in Education group that provided cookies and a cold drink for our annual Open House. It was appreciated! Holding the event the night before school year actually began gave the students a chance to officially greet their new teachers for the first time with their parents at their side, as well as to get their supplies stowed away and ready for the first day of classes. PIE will kick off their first fundraiser of the year on September 11th.

Intermediate Principal's report submitted by Cindy Butler:

School is off to a good start. All new students and staff members are adjusting well. Enrollment is down slightly to 103 compared to 107 at this time last year, but we are still expecting another fifth grade student to enroll soon.

All fourth to sixth grade students are using new Saxon math books that were purchased in August. Some of the old books were sold to Follett and the others will be recycled. We are expecting a representative of the company to visit teachers and answer any questions they may have about the new program.

Measures of Academic Progress (MAP) will be administered the weeks of September 17 and 24. All students in the intermediate will take these tests in math, reading, language, and science. We will take them again in the spring.

Secondary Principal's report submitted by Terry Gladfelter:

I am very pleased with the start of the school year. The efforts to send out the student handbook at the beginning of August and the review of the handbook during the first three days of school has set a good school climate for the start of the year. Our biggest concern is the following of the dress code.

Baseball sportsmanship ratings – I received from the Iowa High School Athletic Association our baseball ratings for the summer 2007 season. Our ratings are based on 43 returned responses from the officials. The chart below shows ratings of the top 10%, bottom 10% and the SEW ratings. The numbers in parenthesis indicate last year's ratings. (Coaches improved, players and spectators declined)

2006-07 Season	Top 10%	Bottom 10%	SEW	# of Ratings
Coaches	1.00-1.12	1.73-2.83	2.16 (2.33)	43
Players	1.00-1.11	1.67-2.37	1.44 (1.23)	43
Spectators	1.00-1.20	1.94-2.85	1.51 (1.33)	43

ACT Results – The two charts show how our SEW graduates are doing locally, nationally, and over a five year period. Of our 30 ACT-tested 2007 graduates, the percentages of students scoring at or above the state's identified college success indicator of an ACT score of 20 are indicated below:

ACT Composite	ACT English	ACT Math	ACT Reading	ACT Science
LOCAL	47%	50%	53%	53%
IOWA	72%	66%	69%	76%
NATION	61%	58%	60%	63%

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BOARD MINUTES, cont'd.

Five-Year Trend – Average ACT Scores

Total Tested		English		Mathematics		Reading		Science		Composite	
Grad Year	Local	Local	State	Local	State	Local	State	Local	State	Local	State
State	Local	20.5	21.3	19.3	21.6	20.6	22.4	20.5	22.1	20.1	22.0
02-03	23	19.5	21.4	20.1	21.8	20.1	22.4	20.7	22.1	20.2	22.0
24,200		19.4	21.5	20.2	21.7	20.1	22.4	21.7	22.1	20.3	22.0
03-04	23	19.7	21.6	19.7	21.8	19.5	22.5	20.0	22.1	19.8	22.1
23,591		19.9	21.6	20.7	21.9	20.9	22.6	20.6	22.3	20.6	22.3
04-05	31										
22,545											
05-06	26										
22,233											
06-07	30										
23,016											

2007 Iowa End of Course Examinations in Mathematics (IECE) – Last year we administered an end of course exam in Algebra I, Algebra II, and Geometry. 75 districts participated in the exams with a total of 15,596 students being tested. The exams came from the group that makes the ITBS/ITED tests.

Athletic Director's report submitted by Dave Ripperger:

Softball - Congratulations on a great season (made it all the way to the Regional Championship game for the second year in a row!)

- Four girls made all state team
- 1st Team Infield- Angie Steil
- 2nd Team Catcher- Kayli Schurman
- 3rd Team Pitcher- Kaycee Arey
- Honorable Mention- Sydney Smith

One concern regarding the softball field, anytime it rained the field would become flooded and we did cancel at least one game due to field conditions even though under most circumstances we should have been able to play. I think this is something we need to look into and try to fix.

Baseball - Another great season for the baseball team. The boys made it to the Substate Championship game where the eventual state champion, Iowa Mennonite School, upended them.

Both the Iowa High School Baseball Coaches Association and the Iowa Newspaper Association named Luke Putz to the 2nd Team All-State list.

IHSAA Sportsmanship ratings have been returned.

	Top 10%	Avg	Bottom 10%
Coach	2.16	1.00-1.12	1.40
Players	1.44	1.00-1.11	1.36
Spectators	1.51	1.00-1.20	1.52

Our coaches' score showed some improvement from last season, even though it remained in the

bottom 10%. Players scores dropped the most for us. Spectators, despite being above the average, dropped as well.

Football - Following the first game of the year the boys appear to be doing well. There are 36 boys on the roster.

Numbers may prove to be our downfall. With a limited number of linemen and the team relying heavily on underclassmen, we may have to cancel the remainder of JV season if there are any key injuries or if ineligibility hits us particularly hard. Though this is not what we want to do, it may be in our best interest in regards to the health and well-being of the team.

The light situation has been assessed. What we know is the wiring from the lights to the panel is old. The breakers are old as well and the system for turning on and off the lights is not being used properly. The fixing of this situation may be costly and time consuming. The Booster Club is going to call Alliant Energy and have them do an assessment on the underground wiring. Dennis Hagen is going to update the breakers for this fall with new switches and with the ultimate goal to totally upgrade the breaker panel in the spring. As a way to ensure the breakers will remain cool we are going to direct a fan onto the panel to keep it from possibly overheating. As far as cost for the complete upgrade, we are not sure at this moment.

Volleyball - Mr. Dicks is extremely excited with the talent he will be putting on the court this season. There are 30 girls on the roster at this time, and Mr. Dicks feels this is the best team that has represented Southeast Warren in several years. He feels that they can compete for the conference title.

Cross Country - Practice is well underway. Mr. Tierney has really had to recruit hard, as is normally the case. He has three boys and three

girls (in order to score in meets there needs to be four runners for both boys and girls). Some of them are already improving as the season is progressing.

JH Football - 25 boys have signed up. Numbers may end up being an issue here, as it has been in the past 5 years.

JH Volleyball - 28 girls are participating. Mr. Dirx and Mr. Walter are looking forward to the season.

Sportsmanship - As you may now know the Leon Lions Club have discontinued their Pride of Iowa Sportsmanship program. Letter from them is included. We have been fortunate to have been named conference sportsmanship leaders six times since the beginning of the Pride of Iowa and multiple times during the time of the Blue Grass Conference. Although the trophy will cease to be awarded for the time being, we will continue to strive to maintain our level of sportsmanship.

We also received a letter from the IHSAA commending us on our sports year and the fact that we had no ejections of coaches or players (only 50% of the schools in the state can boast that). That letter is also enclosed.

Year End Report - Part of my job description requires that I keep a record of the results of athletic contests and maintains a record on file of all award winners, stating the date and type of award, including scholarships.

With the naming of the Softball All-State Awards I have now completed the report. I have included it with your packet.

Athletic Boosters – Larrie Williams related to the Board that the concession stand at the football field had been broken into last week. Approximately \$250 was taken.

CONSENT AGENDA: The following items were on the consent agenda:

1. August 13, 2007, minutes
2. Financial reports

Motion by John Burrell, seconded by Paul Mead to approve the items on the consent agenda. Ayes: 5.

SUPERINTENDENT'S REPORT: Dr. Hulleman reported on the following items:

1. Enrollment numbers compared to last year at this time are down almost 31 students.
2. An energy audit was conducted at Lacona

BOARD MINUTES, cont'd.

today. Energy audits will also be done at Liberty Center and Milo. After all of the audits have been completed a summary will be given to the Board.

3. School board elections will be held tomorrow.
4. The Teacher Quality Committee will meet on September 17.
5. The Children First Forum will have their first meeting for the year on September 24.
6. The IASB District Meeting will be held on October 18.
7. The first semester will end on December 21, before winter break
8. Teachers will have a staff development day on January 2.

AIR CONDITIONING PROJECTS: Julie Wilson reviewed the PPEL Fund and Capital Projects Fund projected revenues and committed project expenditures to date. The Board reviewed the five-year expenditure plan for facilities, transportation and technology. The proposal from Farris Engineering for air conditioning at the Milo and Lacona facilities was also reviewed. Dr. Hulleman recommended the proposal from Farris Engineering be approved at the next board meeting to start the process for installing air conditioning at the Milo and Lacona facilities. The Board asked that research be done on the possibility of

installing individual air conditioning units in each classroom prior to proceeding with approval of the engineering contract for central air conditioning.

DE SITE VISIT SCHEDULE: Dr. Hulleman related to the Board that the Department of Education site visit will be on February 19, 20 and 21. The site visit team will interview the Board of Education on February 20 from 5:00-6:15.

PESONNEL CHANGES: Dr. Hulleman recommended approving the resignation of Jennifer Swacker, Associate; and approving the appointments of Kelly Lawrence, Associate; Phil Oliver, Head HS Boys' Track Coach, Brian Jimenez, Assistant HS Wrestling Coach; Kathy Dierking and Jennifer Schnathorst, Drill Team Coaches (shared with a 40/60 split). Motion by Paul Mead, seconded by Larrie Williams to approve the personnel changes as presented. Ayes: 5.

DISTRICT MISSION STATEMENT: Dr. Hulleman recommended approval of the revision to the District Mission Statement to read as follows: The Southeast Warren Community School District, in partnership with parents and the community, will provide quality education and promote character development that will enable our students to become responsible and productive citizens of a global society. Motion by Paul Mead, seconded by John Burrell to approve the revision to the District Mission Statement.

FFA TRIP TO NATIONAL CONVENTION: Motion by Jennifer Mihalovich, seconded by Larrie Williams to table this agenda item until the next board meeting pending additional information. Ayes: 5.

CHILDREN FIRST FORUM COMMITTEE MEMBERS: Dr. Hulleman presented a list of proposed members for the 2007-2008 Children First Forum Committee. Dr. Hulleman recommended approval of the members as listed. Motion by Jennifer Mihalovich, seconded by Paul Mead to approve the Children First Forum committee members as listed. Ayes: 5.

BOARD POLICY SECTIONS 800, 801, 802 AND 803: Motion by Jennifer Mihalovich, seconded by Paul Mead to approve the review of Board Policy Sections 800, "Business Procedures", 801, "Budget", 802, "Income", and 803, "Expenditures". Ayes: 5.

President Ron Miller adjourned the meeting at 7:16 p.m

SOUTHEAST WARREN FOOD PANTRY 2007 CHRISTMAS OFFERING

Gift certificates were distributed to ten families in need for the 2006 Food Pantry Christmas Offering. The Food Pantry served a total of 43 patrons; 28 children and 15 adults. This was considerably less than the total of 80 patrons that were served in the 2005 Christmas Offering. The total cost of the 2006 Christmas Offering was \$995.

A very special thank you to the following individuals and churches for their generous donations: Linda and Richard Jacobs (Aubert Family Thanksgiving Auction), Holy Trinity of Southeast Warren, Lacona United Methodist Church, Lacona Baptist Church, Rudy and Jan Wadle, Edra Bechtel, Chet Crouse, Steve and Jama Hoch, Phil Schooler, Liberty Center United Methodist Church, and Green Plain United Methodist Church.

Due to the generosity in support of the Southeast Warren Food Pantry, and the low number of patrons served in 2006, the Food Pantry has been blessed to be able to carry over a balance for the last two years. We will, therefore, not be actively soliciting for donations for the 2007 Christmas Offering.

The deadline for patrons to register for the 2007 Christmas Offering is December 3, 2007. Late registration requests will be honored, provided funds are available. If you wish to receive a Christmas Offering of a gift certificate to Fareway, please contact Pauline Ripperger at 534-3208.

Thank you for your support!

*SOUTHEAST WARREN FOOD PANTRY
Pauline Ripperger*



Growing Up Healthy & Active

November

Breakfast "Breaks the Fast"

According to a national survey only 56 percent of children eat breakfast daily; older children are least likely to do so. Other studies suggest that non-breakfast-eaters tire more quickly, are more irritable, and react less quickly than those who do eat breakfast.

Does your concept of breakfast need changing? Breakfast can be simple or elaborate, cooked or uncooked, sit-down or eat-on-the-run, low or high in calories, mundane or varied. What you eat is less important than the habit of eating something.

Breakfast can be last night's leftover pizza, a peanut butter sandwich, cereal and milk, or a blender delight (milk, plain yogurt and fruit or juice). Grapes, apples, bananas, cheese, yogurt, and hard-cooked eggs are other ready-to-grab breakfast ideas.

When planning breakfast, remember "bread-fruit-milk" are basic components of a nutritious breakfast.

Just Do It—Get Active

- Go bowling with family or friends.
- Put an aerobics video in your VCR and challenge yourself to stay with it. Work out as a family.
- Go roller-skating or ice skating with family or friends.
- Fix a Thanksgiving meal as a family and take it to a needy family.

Breakfast Cereal Challenge

The amount of sugar in ready-to-eat cereal is a concern for childhood weight issues (too many calories) and tooth decay. Here's how to check the sugar of your favorite cereals.

Find the Nutrition Facts Panel on the side of the cereal box. Look for "Total Carbohydrate" and under this "sugar." This example shows how much sugar is in one serving of a sample cereal:

CEREAL (without milk)	
One serving ($\frac{3}{4}$ cup) 1 oz.	Calories per serving 120
CARBOHYDRATE	
Starch and related carbohydrates	12 g
Sugars	12 g

This cereal has 12 grams of sugar in $\frac{3}{4}$ cup. Since 4 grams of sugar equals 1 teaspoon, you can find the number of teaspoons of sugar per serving. 12 grams divided 4 grams = 3 teaspoons serving by teaspoon of sugar

REMEMBER: This is based on a serving size of $\frac{3}{4}$ cup. If your cereal bowl holds $1\frac{1}{2}$ cups, then you are eating two "servings" or 6 teaspoons of sugar.

RECOMMENDATION: Choose cereals that contain 6 grams or less of sugar per serving. Six grams equals $1\frac{1}{2}$ teaspoons of sugar.

EXCEPTION: Cereals containing dried fruit or raisins may have up to 10 grams of sucrose and other sugars and still be acceptable. Dried fruit contributes about 4 grams of naturally occurring sugar in addition to several vitamins, minerals, and fiber.

Recipe of the Month: Meal in a Potato

- 4 large potatoes
- 1 tablespoon cooking oil
- $\frac{1}{4}$ cup shredded cheese
- $\frac{1}{8}$ teaspoon nutmeg
- Toppings (leftover cooked meat, poultry, or vegetables)

Preheat oven to 425°. Scrub potatoes and pat dry. Rub outside with oil. Bake 45 minutes to 1 hour until potatoes are soft. Cut a lengthwise slice from each. Scrape out some of the pulp; mix with cheese and nutmeg. Spoon back into potatoes. Reheat leftovers and spoon on top. Makes 4 servings.

For breakfast potatoes: prepare as above using microwave. Oil bake additional potatoes when preparing another meal. Add cheese, nutmeg, and meat or vegetables as above. Place in covered dish and refrigerate. Reheat in microwave and eat or wrap in foil and take along.

For more information

Visit these ISU Extension Web sites:

Nutrition—<http://www.extension.iastate.edu/nutrition/>

Answerline—<http://www.extension.iastate.edu/answerline>

... and justice for all
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NS-09-0 1999

Southeast Warren Menu & Activities **NOVEMBER 2007**

Activities & menus are subject to change. Refer to online information: <http://www.se-warren.k12.ia.us>

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				B: French toast L: Chicken tenders, cauliflower/broccoli, fruit B/B	B: Pizza L: Tacos, lettuce salad, fruit, cookie	High School Musical 7:00
				1	2	3
High School Musical 2:00	B: Pastry L: BBQ pork/bun, carrot sticks, fruit, chips	B: Pancakes L: Corn dog, green beans, fruit, B/B	B: Eggs/toast L: Cheeseburger/bun, french fries, fruit	B: Muffins L: Cook's Choice 2:15 Dismissal	B: L:	
4	5	6	7	8	9	10
	B: Pastry L: Burrito, corn, fruit, B/B	B: Waffles L: Chili/crackers, dill pickle, applesauce, cin- namon roll	B: Eggs/toast L: Mac & cheese, peas, fruit, PB sandwich	B: French toast L: Pork patty/bun, celery, fruit, pudding	B: Saus. gravy/biscuit L: Pizza, lettuce salad, strawberries, cake	
11	12	13	14	15	16	17
	B: Pastry L: Chicken nuggets, mixed veg., fruit, B/B	B: Pancakes L: BBQ rib/bun, green beans, fruit, cookie	B: Egg/toast L: Cooks' Choice	B: L:	B: L:	
18	19	20	21	22	23	24
	JHBB v. I-35, 4:00 Girls-@ Boys (H)	Var. Boys BB @ Carlisle, 6:30	2:15 Dismissal	No School Thanksgiving	No School	
25	26	27	28	29	30	
	B: Pastry L: Nachos, corn, fruit, PB sandwich	B: Waffles L: Hot dog/bun, cole slaw, fruit, bar	B: Egg/toast L: Spaghetti, lettuce salad, fruit, garlic toast	B: Muffins L: Cook's choice	B: Pizza L: Chicken wrap, let- tuce/cheese, fruit, B/B	
	Var BB v. Iowa Christian Acad. @ AIB, 6:15 Children First Forum Mtg, 7:00			WR v. Carlisle/Nevada @ Carlisle, 5:30	Var BB @ I-35, 6:30	

To access your lunch account and/or make deposits online, call the high school or email: s_elling@se-warren.k12.ia.us. You may deposit any amount into your family/student account.

DAILY LUNCH PRICES: \$1.50 (K-6) \$1.60 (7-12) \$.40 (Reduced) \$2.50 (Adult)

DAILY BREAKFAST PRICES: \$1.00 (K-12) \$.30 (Reduced) \$1.25 (Adult)

Southeast Warren Drama Department presents . . .

Into The Woods

*A musical featuring the characters
of Grimm's Fairy Tales
with a cast of 48 students*

Friday, Nov. 2 - 7:00 p.m.
Saturday, Nov. 3 - 7:00 p.m.
Sunday, Nov. 4 - 2:00 p.m.
at the
High School
Adults \$5 Student \$3

It is the policy of the Southeast Warren Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, sexual orientation, religion, creed, age or marital status in its educational programs or employment practices. If you have questions or grievances related to this policy please contact the Equity Coordinator, 16331 Tyler St., Liberty Center, IA, 50145.

Southeast Warren Community School District
16331 Tyler Street
Liberty Center IA 50145

BOXHOLDER

DISTRICT MISSION STATEMENT

The Southeast Warren Community School District, in partnership with parents and the community, will provide quality education and promote character development that will enable our students to become responsible and productive citizens of a global society.